

10K Female Runners Times

Time	First Name	Surname	Position In Race	Age	Age Group	Race Number	Club
37.30	Angela	Howe	19 1 st female	38	21-35	176	Fife AC
38.25	michelle	hetherington	27 2 nd female	44	21-35	214	helensburgh Ac
39.16	kate	williams	30 3 rd female	28	21-35	210	tipton harriers
39.28	Pamela	McCrossan	32 1 st vet45	47	45+	167	Clydesdale Harriers
41.35	louise	beveridge	43	25	21-45	229	
42.37	sian	finlay	46 1 st vet35	39	35-45	205	dumfries running club
42.55	kathryn	scott	49	46	45+	213	Clydesdale Harriers
43.16	Angela	mackenzie	50	32	21-35	149	Strathearn Harriers
43.30	claire	gilchrist	51	42	35-45	223	ferranti
43.32	Denise	Forbes	52	41	35-45	190	None Club Runners
43.42	Marina	McCallum	53	37	35-45	169	Clydesdale Harriers
47.12	elizabeth	gilchrist	62	64	45+	222	ferranti
47.34	hazel	carruthers	63	21	21-35	248	None Club Runners
47.45	elaine	opara	65	28	21-35	239	village rr
48.40	carol	mclaughlin	69	36	35-45	242	serpentine running club
51.39	Lucyna	Nowwak	76	37	35-45	173	None Club Runners
52.03	Laura	Heney	77	24	21-35	180	London Heathside
53.04	laura	trainer	79	45	45+	252	None Club Runners

Time	First Name	Surname	Position In Race	Age	Age Group	Race Number	Club
53.36	Susan	Clark	81	40	35-45	156	Scottish Athletics
55.13	jane	demster	83	34	21-35	258	
55.36	karen	mccatney	84	35	35-45	238	None Club Runners
57.31	Tracey	Sinton	85	43	35-45	178	Tring Running Club
95.00	nadle	king	86	35	35-45	219	None Club Runners